



# اذكار الصباح والمساءة

وسبح بحمد ربك قبل  
طلوع الشمس وقبل الغروب

رائدة موسى

# كتاب اذكار الصباح والمساء

وَسَبِّحْ بِحَمْدِ رَبِّكَ قَبْلَ طُلُوعِ الشَّمْسِ وَقَبْلَ الْغُرُوبِ

سورة ق ٣٩

A collection  
of Morning & Evening Remembrance.

exalt [ Allah ] with praise  
of your Lord  
before the rising of the sun and before its setting.  
Qaf : 39

ذكر رقم (1)

## آية الكرسي

عن النبي صل الله عليه وسلم قال:  
دعني أعلمك كلمات ينفعك الله بها. قلت: وما هي؟ قال:  
إذا أويت إلى فراشك فاقرا آية الكرسي:

﴿اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ﴾

حتى تختتم الآية. فإنك لن يزال عليك من الله حافظ. ولا يقربك شيطان حتى تصبح

صحيح البخاري

تقرأ مره في الصباح والمساء

*Thiker # 1 Ayat Al-kursi.*

*When you lie down in your bed, recite ayat al-Kursi, Series Allah!  
La ilaha illa Huwa  
(none has the right to be worshipped but He),  
the Ever Living, the One Who sustains and protects all that exists...  
[al-Baraqaah 2:255]  
until the end of the ayah, then you will have  
a protector from Allah and no  
shaytan (devil) will come near you until morning comes.*

*[Sahih al-Bukhari]*

*Page (2)*

## " من قرأ الآيتين من آخر سورة البقرة في ليلة كفتاه "

أَمِنَ الرَّسُولُ بِمَا أُنزِلَ إِلَيْهِ مِنْ رَبِّهِ وَالْمُؤْمِنُونَ كُلٌّ آمَنَ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ  
وَرَسُولِهِ لَا تَفَرُّقَ بَيْنَ أَحَدٍ مِنْ رَسُولِهِ وَقَالُوا سَمِعْنَا وَأَطَعْنَا  
غُفِرَ لَكَ رَبَّنَا وَإِلَيْكَ الْمَصِيرُ لَا يُكَفِّرُ  
اللَّهُ نَفْسًا إِلَّا وَسِعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ رَبَّنَا لَا تَأْخُذْنَا إِنْ نَسِينَا أَوْ  
أَخْطَاْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إصْرًا كَمَا حَمَلْتَهُ عَلَى  
الَّذِينَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تَحْمِلْنَا مَا لَا  
طَاقَةَ لَنَا بِهِ وَاعْفُ عَنَّا وَارْحَمْنَا  
أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

THE MESSENGER HAS BELIEVED IN WHAT WAS REVEALED TO HIM FROM HIS LORD, AND (SO HAVE) THE BELIEVERS. ALL OF THEM HAVE BELIEVED IN ALLAH AND HIS ANGELS AND HIS BOOKS AND HIS MESSENGERS, (SAYING), "WE MAKE NO DISTINCTION BETWEEN ANY OF HIS MESSENGERS. " AND THEY SAY, "WE HEAR AND WE OBEY. (WE SEEK) YOUR FORGIVENESS, OUR LORD, AND TO YOU IS THE (FINAL) DESTINATION ALLAH DOES NOT CHARGE A SOUL EXCEPT (WITH THAT WITHIN) ITS CAPACITY. IT WILL HAVE (THE CONSEQUENCE OF) WHAT (GOOD) IT HAS GAINED, AND IT WILL BEAR (THE CONSEQUENCE OF) WHAT (EVIL) IT HAS EARNED. "OUR LORD, DO NOT IMPOSE BLAME UPON US IF WE HAVE FORGOTTEN OR ERRED. OUR LORD, AND LAY NOT UPON US A BURDEN LIKE THAT WHICH YOU LAID UPON THOSE BEFORE US. OUR LORD, AND BURDEN US NOT WITH THAT WHICH WE HAVE NO ABILITY TO BEAR. AND PARDON US; AND FORGIVE US; AND HAVE MERCY UPON US. YOU ARE OUR PROTECTOR, SO GIVE US VICTORY OVER THE DISBELIEVING PEOPLE."

### Thiker # 2

*Narrated Abu Mas'ud Al-Ansari:  
that the Messenger of Allah (ﷺ) said:  
"Whoever recites the last two  
Ayat of Surat Al-Baqarah during the night,  
they shall suffice him."*



عَنْ أَبِي الدَّرْدَاءِ رَضِيَ اللهُ عَنْهُ، قَالَ:

عَنْ رَسُولِ اللهِ صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ قَالَ

كَلِمَاتٍ مِنْ قَالَهَا أَوَّلَ نَهَارٍ؛ لَمْ تُصِبْهُ مُصِيبَةٌ حَتَّى يُمْسِيَ،

الذکر رقم (۳)

وَمَنْ قَالَهَا آخِرَ النَّهَارِ لَمْ تُصِبْهُ مُصِيبَةٌ حَتَّى يُصْبِحَ:

(اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، عَلَيْكَ تَوَكَّلْتُ، وَأَنْتَ رَبُّ الْعَرْشِ الْعَظِيمِ،

مَا شَاءَ اللهُ كَانَ وَمَا لَمْ يَشَأْ لَمْ يَكُنْ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ،

أَعْلَمُ أَنَّ اللهُ عَلَى كُلِّ شَيْءٍ قَدِيرٌ،

وَأَنَّ اللهُ قَدْ أَحَاطَ بِكُلِّ شَيْءٍ عِلْمًا،

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ كُلِّ دَابَّةٍ أَنْتَ آخِذٌ بِنَاصِيَتِهَا،

إِنَّ رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ).

THIKER # 3

*Abu Al-Dardaa, may God be pleased with him, he said*

*I heard the Messenger of God (Pbuh) say:*

*“Whoever says this first thing in the day;*

*he will be protected from calamity until the evening,*

*and when said in the evening,*

*they will be untouched by calamity until the day:*

*O Allah, You are my Lord, no God but you, and in you I trust, and you are the Lord of the Great Throne, no power except that of God Almighty,*

*I know that God has control over all things, and*

*that God, has taken note of everything.*

*O Allah, I seek refuge in you from the evil of myself, and from the evil of every creature, my Lord grant us on a straight path.)*

عَنْ ابْنِ أَبِي لَيْلَى، قَالَ قَالَ لِي كَعْبُ بْنُ عَجْرَةَ أَلَا أَهْدِي  
لَكَ هَدِيَّةً قُلْنَا يَا رَسُولَ اللَّهِ  
قَدْ عَرَفْنَا كَيْفَ السَّلَامُ عَلَيْكَ فَكَيْفَ نُصَلِّيْ عَلَيْكَ قَالَ  
" قُولُوا اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ كَمَا صَلَّيْتَ  
عَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ  
وَآلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ " .

تقال عشرة مرات في الصباح والمساء.

#### Thiker # 4

It was narrated that Ibn Abi Laila said:

"Ka'b bin Ujrah said to me: 'Shall I not give you a gift?' We said:

"O Messenger of Allah (ﷺ), we know about sending salams upon you, but how should we send salah upon you?" He said: 'Say:

Alahumma salli 'ala Muhammad wa 'ala ali Muhammad,  
kama sallaita 'ala Ibrahima wa

barik 'ala Muhammad kama barakta 'ala ali Ibrahim fil-'alamin, innaka hamidun

majid (O Allah, send salah upon Muhammad

and upon the family of Muhammad, as You sent salah upon

the family of Ibrahim, and send blessings

upon Muhammad and upon the family

of Muhammad as You sent blessings upon the family of Ibrahim among the nations.

You are indeed Worthy of praise, Full of glory.)"

*Ten times in the morning & the evening.*

## الذكر رقم (٥)

عن أبي هريرة -رضى الله عنه  
- أن رسول الله صلى الله عليه وسلم قال "  
من قال لا إله إلا الله وحده لا شريك له  
له الملك، وله الحمد، وهو على كل شيء قدير  
في يوم مائة مرة.  
كانت له عدل عشر رقاب،  
وكتبت له مائة حسنة، ومحيت عنه مائة سيئة، وكانت له حرزا  
من الشيطان يومه ذلك حتى يمسي،  
ولم يأت أحد بأفضل مما جاء به، إلا أحد عمل أكثر من ذلك".  
صحيح البخاري

Narrated Abu Huraira:

Our beloved prophet Pbuh said,  
"If one says one-hundred times in one day:  
"None has the right to be worshipped but Allah,  
the Alone Who has no partners, to Him belongs Dominion  
and to Him belong all the  
Praises, and He has power over all things (i.e. Omnipotent)",  
one will get the reward of  
manumitting ten slaves, and one-hundred good deeds will be written in his  
account, and one-hundred bad deeds  
will be wiped off or erased from his account, and on that  
day he will be protected from the morning  
till evening from Satan, and nobody will be

ذكر رقمه (٦) عن أبي هريرة رضي الله عنه؛  
 أن رسول الله صلى الله عليه وسلم قال:  
 (من قال سبحان الله وبحمده في  
 يوم مائة مرة، حطت عنه خطاياه، ولو كانت مثل زبد البحر).

Thiker # (6) Narrated Abu Huraira:

Prophet Pbuh said,  
 "Whoever says, 'Subhan Allah wa bihamdihi,'  
 one hundred times a day, will be forgiven all his sins even  
 if they were as much as the foam of the sea.

THIKER # (7)

ABU HURAYRA SAID,  
 "IN THE MORNING, THE PROPHET,  
 MAY ALLAH BLESS HIM AND GRANT HIM PEACE,  
 WOULD SAY,  
 'O ALLAH, WE ENTER THE  
 MORNING BY YOU AND WE ENTER  
 THE EVENING BY YOU.  
 WE LIVE BY YOU AND WE DIE  
 BY YOU AND TO YOU IS GATHERING.  
 ' IN THE EVENING, HE WOULD SAY, '  
 O ALLAH, WE ENTER  
 THE EVENING BY YOU AND WE ENTER THE  
 MORNING BY YOU AND WE LIVE BY  
 YOU AND WE DIE  
 BY YOU AND TO YOU IS THE RETURN.'"

ذكر رقمه (٧)

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ، قَالَ:  
 كَانَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ إِذَا أَصْبَحَ قَالَ:  
 (اللَّهُمَّ يَا أَصْبَحْنَا، وَيَا أَمْسَيْنَا،  
 وَيَا نَحْيَا، وَيَا نُمُوتُ،  
 وَإِلَيْكَ الشُّؤْرُ)،  
 وَإِذَا أَمْسَى قَالَ: (اللَّهُمَّ يَا  
 أَمْسَيْنَا، وَيَا أَصْبَحْنَا،  
 وَيَا نَحْيَا، وَيَا نُمُوتُ،  
 وَإِلَيْكَ الْمَصِيرُ).



عَنْ مُسْلِمٍ - يَعْنِي ابْنَ زَيْادٍ - قَالَ سَمِعْتُ أَنَسَ بْنَ مَالِكٍ يَقُولُ

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

” مَنْ قَالَ حِينَ يُصْبِحُ اللَّهُمَّ إِنِّي أَصْبَحْتُ أُشْهِدُكَ وَأُشْهِدُ حَمَلَةَ

عَرْشِكَ وَمَلَائِكَتَكَ وَجَمِيعَ

خَلْقِكَ أَنَّكَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ وَحَدَكَ لَا شَرِيكَ لَكَ وَأَنَّ

مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ إِلَّا غُفِرَ لَهُ مَا أَصَابَ فِي يَوْمِهِ ذَلِكَ مِنْ ذَنْبٍ وَإِنْ قَالَهَا

حِينَ يُمْسِي غُفِرَ لَهُ مَا أَصَابَ تِلْكَ اللَّيْلَةَ ” .

اربع مرات في الصباح والمساء

NARRATED ANAS IBN MALIK:

THE PROPHET (ﷺ) SAID:

IF ANYONE SAYS IN THE MORNING:

"O ALLAH! IN THE MORNING WE CALL THEE, THE BEARERS OF THY THRONE,

THY ANGELS, AND ALL THY CREATURES TO WITNESS THAT

THOU ART ALLAH THAN WHOM THERE IS NO GOD,

THOU BEING

ALONE AND WITHOUT A PARTNER,

AND THAT MUHAMMAD IS THY SERVANT AND THY APOSTLE,

" ALLAH WILL FORGIVE HIM ANY SINS

THAT HE COMMITS THAT DAY; AND IF HE REPEATS THEM IN THE EVENING.

ALLAH WILL FORGIVE HIM ANY SINS HE COMMITS THAT NIGHT.

TO BE RECITED FOUR TIMES MORNING & EVENING

الذكر رقم (٩)

بَا رَبِّكَ الْكَمْدُ كَمَا يَبْغِي لِكُلِّ وَجْهَكَ وَاعْظِيمِ سُلْطَانِكَ

رواه احمد و ابن ماجه

THIKER # 9

O Lord, all praise is due to you as befits the majesty  
of your countenance and the  
greatness of your authority.

Narrated by Ahmed and Ibn Majah

الذكر رقم : ١٠

من قرأ (قل هو الله أحد) والمعوذتين حين يُمْسِي وَيُصْبِحُ  
ثَلَاثَ مَرَّاتٍ كَفَنَاهُ مِنْ كُلِّ شَيْءٍ

THIKER # 10

صحيح الترمذی و ابو داود

SAY: HE IS ALLAH, THE ONE" (SURAH AL-IKHLAS)AND AL-MU`AWWIDHATAIN, WHEN YOU  
REACH EVENING, AND  
WHEN YOU REACH MORNING, THREE TIMES,  
THEY WILL SUFFICE YOU AGAINST EVERYTHING

At-Tirmidi & Abu Dawud

رَضِيْتُ بِاللّٰهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ نَبِيًّا .

تقال ثلاث مرات

في الصباح والمساء.

THIKER # (11)

I AM PLEASED AND ACCEPT ALLAH SWT AS MY LORD AND ISLAM AS MY FAITH AND  
I AM PLEASED AND ACCEPT MUHAMMAD AS  
HIS PROPHET AND MESSENGER.  
TO BE SAID THREE TIMES IN THE MORNING AND EVENING.

ذکر رقم (۱۲)

عَنْ أَبِي الدَّرْدَاءِ رَضِيَ اللهُ عَنْهُ قَالَ

قَالَ قَالَ إِذَا أَصْبَحَ وَإِذَا أَمْسَى كَسَيْبِ اللَّهِ لَا إِلَهَ إِلَّا هُوَ

عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ سَبْعَ تَرَاتِي

كَمَا اللَّهُ مَا أَهْتَهُ .

THIKER # (12)

ABU AL-DARDA' SAID: IF ANYONE SAYS SEVEN TIMES MORNING AND EVENING;  
"ALLAH SUFFICETH ME: THERE IS NO GOD BUT HE;  
ON HIM IS MY TRUST- HE,  
THE LORD OF THE THRONE (OF GLORY) SUPREME",  
ALLAH WILL BE SUFFICIENT FOR HIM AGAINST ANYTHING WHICH GRIEVES HIM,

WE HAVE ENTERED A NEW DAY UPON  
THE NATURAL RELIGION OF ISLAM,  
UPON THE STATEMENT OF SINCERITY,  
UPON THE  
RELIGION OF OUR PROPHET MUHAMMAD  
(SALLAALLAHU 'ALAYHI WASALLAM), AND UPON THE  
PATH OF OUR FATHER IBRAHIM. HE WAS UPRIGHT  
(IN WORSHIPPING ALLAH), AND A MUSLIM.  
HE WAS NOT OF THOSE WHO  
WORSHIP OTHERS BESIDES ALLAH  
MORNING & EVENING  
IN THE EVENING, WE CHANGE THE WORD FROM  
MORNING TO EVENING.

ذكر رقمه (١٤)

أَصْبَحْنَا وَأَصْبَحَ الْمَلِكُ لِلَّهِ رَبِّ الْعَالَمِينَ ،  
اللَّهُمَّ إِنِّي أَسْأَلُكَ كَثِيرَ هَذَا الْيَوْمِ فَتُكَّهُ ،  
وَأَنْصُرَهُ ، وَأَنْوِرَهُ ، وَبَرِّكَتَهُ  
، وَهَدَاؤَهُ ، وَأَعُوذُ بِكَ مِنْ سُرِّ مَا فِيهِ  
، وَسُرِّ مَا بَعْدَهُ ،  
وَإِذَا أَمْسَى يَقُولُ أَمْسَيْنَا  
مَرَهُ فِي الصَّبَاحِ وَالْمَسَاءِ

ذكر رقمه (١٣)

أَصْبَحْنَا عَلَى فِطْرَةِ الْإِسْلَامِ وَعَلَى  
كَلِمَةِ الْإِخْلَاصِ ،  
وَعَلَى رِبِّنا نَبِيِّنا مُحَمَّدٍ صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ ،  
وَعَلَى مِلَّةِ أَبِينا إِبْرَاهِيمَ ، كَنِيْفًا مُسْلِمًا  
وَمَا كَانَ مِنَ الْمُشْرِكِينَ .  
وفي المساء نقول أمسينا  
مَرَهُ فِي الصَّبَاحِ وَالْمَسَاءِ

THIKER # (14)

HAVE ENTERED A NEW DAY,  
ALONG WITH ALL THE  
DOMINION WHICH BELONGS TO ALLAH,  
LORD OF ALL THAT EXISTS.  
O ALLAH, I ASK YOU FOR  
THE GOODNESS OF THIS DAY,  
ITS OPENING, ITS VICTORY, ITS LIGHT,  
ITS BLESSINGS,  
AND ITS GUIDANCE. I SEEK REFUGE IN  
YOU FROM  
THE EVIL THAT IS IN IT AND FROM THE  
EVIL THAT FOLLOWS IT.  
IN THE EVENING WE SAY أمسينا  
MORNING AND EVENING



## THIKER # (15)

'O ALLAH, I ASK YOU FOR PARDON AND  
WELL-BEING IN THIS LIFE AND THE NEXT.

O ALLAH, I ASK YOU FOR PARDON AND  
WELL-BEING IN MY RELIGIOUS AND WORLDLY AFFAIRS,  
AND MY FAMILY AND MY  
WEALTH.

O ALLAH, VEIL MY WEAKNESSES AND SET AT EASE MY DISMAY.  
O ALLAH, PRESERVE ME FROM THE FRONT AND FROM  
BEHIND AND ON MY RIGHT AND ON MY  
LEFT AND FROM ABOVE,  
AND I SEEK REFUGE IN YOUR GREATNESS  
THAT NOT TO BE ATTACKED FROM BELOW.”  
(ABU DAWUD, AN-NASA'EY AND IBN MAJAH)

## ذكر رقم (15)

اللهم اني اسالك المغفرة والمافية  
في الدنيا والاخرة. اللهم اني اسالك المغفرة  
والمافية في ديني ودينابي واهلي ومالي. اللهم استر  
عورائي وامن روعاتي. اللهم احفظني من بين يدي  
ومن خلفي وعن يميني وعن شمالي ومن فوقي واعوذ  
بمظمتك ان اغتال من تحتي.  
(صحيح ابن ماجه 2/332)  
مره في الصباح والمساء

## THIKER # 16

WE HAVE ENTERED EVENING AND SO HAS THE DOMINION OF ALLAH.

ALL PRAISE IS DUE TO ALLAH. TO HIM BELONG  
THE DOMINION AND THE PRAISE AND HE HAS  
POWER OVER ALL THINGS.

MY LORD, I ASK YOU FOR GOODNESS IN THIS NIGHT AND GOODNESS AFTER IT.

I SEEK REFUGE IN YOU FROM THE EVIL IN THIS NIGHT AND THE EVIL AFTER IT.

MY LORD, I SEEK REFUGE IN YOU

FROM LAZINESS AND THE EVIL OF ARROGANCE.

MY LORD, I SEEK REFUGE IN YOU FROM THE PUNISHMENT  
OF THE HELLFIRE AND THE GRAVE.

WE HAVE ENTERED THE MORNING AND SO HAS THE DOMINION OF ALLAH.

SOURCE: SAHIH MUSLIM 2723, GRADE: SAHI

## ذكر رقم (16)

اُمْسَبِنَا وَاَمْسَى الْمَلِكُ لِلّٰهِ  
وَالْحَمْدُ لِلّٰهِ لَا اِلٰهَ اِلَّا اللّٰهُ وَحْدَهُ  
لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ  
وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ رَبِّ اسْأَلْكَ  
خَيْرَ مَا فِي  
هَذِهِ اللَّيْلَةِ وَخَيْرَ مَا بَعْدَهَا  
وَأَعُوذُ بِكَ مِنْ شَرِّ  
مَا فِي هَذِهِ اللَّيْلَةِ وَشَرِّ مَا بَعْدَهَا  
رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ  
وَسَوْءِ الْكِبَرِ رَبِّ أَعُوذُ بِكَ مِنْ  
عَذَابِ فِي النَّارِ وَعَذَابِ فِي الْقَبْرِ..  
أَصْبَحْنَا وَأَصْبَحَ الْمَلِكُ لِلّٰهِ  
صَحِيحُ ابْنِ مَاجَه

### THIKER # 17

NARRATED ANAS BIN MALIK:

THE PROPHET (ﷺ) USED TO SAY,

"O ALLAH! I SEEK REFUGE WITH YOU FROM WORRY  
AND GRIEF, FROM INCAPACITY AND LAZINESS,  
FROM COWARDICE AND MISERLINESS,  
FROM BEING HEAVILY IN DEBT AND FROM  
BEING OVERPOWERED BY (OTHER) MEN."

MORNING AND EVENING

SAHIH AL-BUKHARI

### ذکر رقم (۱۷)

كَانَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَقُولُ  
"اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْكَرْبِ،  
وَالْعَجْزِ وَالْكَسَلِ، وَالْجُبْنِ وَالْبُخْلِ،  
وَصَلْحِ الدَّيْبِ، وَعَلَبَةِ الرِّجَالِ."  
مره في الصباح والمساء  
صحيح البخاري

### ذکر رقم (۱۸)

أَعُوذُ بِكَلِمَاتِ اللَّهِ الثَّمَانِيَةِ  
وَمِنْ شَرِّ مَا خَلَقَ  
ثَلَاثَ مَرَاتٍ فِي الصَّبَاحِ وَالْمَسَاءِ  
لَمْ يَضُرَّهُ شَيْئًا.  
النَّوْزِيُّ

### ذکر رقم (۱۹)

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ وَأَعُوذُ بِكَ مِنَ النَّارِ  
فِي الصَّبَاحِ وَالْمَسَاءِ

### THIKER # (19)

OH ALLAH,

I ASK FOR PARADISE, AND  
PROTECTION FROM THE FIRE.  
IN THE MORNING AND EVENING.

### THIKER # (21)

'O THE EVER-LASTING,  
O THE SUSTAINER AND

PROTECTOR OF ALL THAT EXISTS.

I SEEK AID THROUGH

YOUR MERCY; CORRECT FOR  
ME ALL MY MATTERS AND DO NOT  
ENTRUST ME TO MY OWN SELF  
EVEN FOR THE BLINK OF AN EYE, EVER.'

MORNING AND EVENING

ALBAANI GRADED IT HASAN IN SAHEEHAH.

### THIKER # (20)

(O ALLAH, I ASK YOU FOR  
BENEFICIAL KNOWLEDGE,  
GOODLY PROVISION AND  
ACCEPTABLE DEEDS)."

MORNINGS.

IBN MAJAH.

### ذکر رقم (۲۰)

"اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا  
وَرِزْقًا طَيِّبًا وَعَمَلًا مُتَقَبَلًا.  
فِي الصَّبَاحِ.  
سَنَنْ ابْنِ مَاجَه

### ذکر رقم (۲۱)

بَا كَيْ بَا قِيَوْمٍ يَرْجُوَنَّكَ أَسْتَعِينُ،  
وَأَصِلْ لِي شَأْنِي كُلَّهُ وَلَا تَكِلْنِي  
إِلَى نَفْسِي طَرْفَةَ عَيْنٍ أَبَدًا  
صححه الالباني  
في الصباح والمساء

THIKER # (22)

IN THE NAME OF ALLAH, WHO WITH HIS  
NAME NOTHING CAN CAUSE  
HARM IN THE EARTH NOR IN THE HEAVENS,  
AND HE IS THE ALL-HEARING, THE ALL-KNOWING  
TO BE RECITED THREE TIMES  
ABO DAWUD ,AL-TIRMIDHI,IBN MAJAH

ذكر رقمه (٢٢)

بِسْمِ اللّٰهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ فِي الْاَرْضِ  
وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ  
رواه ابو داود وابن ماجه والنسائي  
مره في الصباح والمساء

THIKER # (23)

ذكر رقمه ٢٣

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ كَلِمَتِهِ وَرِضًا نَفْسِهِ  
وَزَيْتَةً عِزِّهِ وَوِدَادَ كَلِمَاتِهِ.  
ثلاث مرات في الصباح والمساء

"GLORY BE TO ALLAH", AND I BEGIN WITH PRAISE OF  
HIM TO THE NUMBER OF  
HIS CREATURES, IN ACCORDANCE  
WITH HIS GOOD PLEASURE,  
TO THE WEIGHT OF  
HIS THRONE AND TO THE  
INK (EXTENT) OF HIS WORDS.  
THREE TIMES MORNING AND EVENING

THIKER # (24)

"O ALLAH! GRANT ME HEALTH IN MY BODY.  
O ALLAH! GRANT ME GOOD HEARING.  
O ALLAH! GRANT ME GOOD EYESIGHT.  
THERE IS NO GOD BUT THOU." YOU REPEAT THEM  
THREE TIMES IN THE MORNING  
AND THREE TIMES IN THE EVENING  
(AL-ALBANI)  
SUNAN ABI DAWUD

ذكر رقمه (٢٤)

اللَّهُمَّ عَافِنِي فِي بَدَنِي اللَّهُمَّ عَافِنِي فِي  
سَمْعِي اللَّهُمَّ عَافِنِي فِي بَصَرِي  
لَا إِلَهَ إِلَّا أَنْتَ تُعِيدُ مَا تَلَاْنَا حِينَ  
نُصْبِحُ وَتَلَاْنَا حِينَ نُمْسِي  
سنن ابو داود الالباني

THIKER # (25)

YOU SAY: "O ALLAH! I SEEK REFUGE IN  
THEE FROM INFIDELITY AND POVERTY.  
O ALLAH! I SEEK REFUGE IN THEE FROM  
PUNISHMENT IN THE GRAVE.  
THERE IS NO GOD BUT THEE".  
YOU REPEAT THEM THREE TIMES IN  
THE MORNING AND THREE TIMES IN THE EVENING.  
SUNAN ABI DAWUD.  
(AL-ALBANI)

THIKER # (26)

(O ALLAH, YOU ARE MY LORD, THERE IS NO GOD BUT YOU.  
YOU HAVE CREATED ME  
AND I AM YOUR SLAVE AND  
I AM KEEPING MY PROMISE AND COVENANT TO YOU AS MUCH AS I CAN.  
I SEEK REFUGE WITH YOU FROM  
THE EVIL OF WHAT I DO. I ACKNOWLEDGE YOUR BLESSING AND  
I ACKNOWLEDGE MY SIN, SO FORGIVE ME, FOR  
THERE IS NONE WHO CAN FORGIVE  
SIN EXCEPT YOU.)' IF HE SAYS THIS IN  
THE MORNING, BELIEVING IN IT FIRMLY,  
AND DIES ON THAT DAY BEFORE EVENING COMES,  
HE WILL ENTER PARADISE,  
AND IF HE SAYS IT IN THE  
EVENING, BELIEVING FIRMLY IN IT,  
AND DIES BEFORE MORNING COMES, HE WILL ENTER PARADISE.  
SUNAN AN-NASA'I

ذكر رقمه ٢٥

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ اللَّهُمَّ  
إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ  
لَا إِلَهَ إِلَّا أَنْتَ تُعِيدُهَا  
ثَلَاثًا حِينَ تُصْبِحُ وَثَلَاثًا حِينَ تُمَسِي.  
سُنَنِ ابْنِ دَاوُدَ وَالْإِسْبَانِي

الذكر رقمه ٢٦

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ كَلَّفْتَنِي  
وَأَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ  
أَعُوذُ بِكَ مِنْ سُرٍّ مَا صَنَعْتَ أَبْوَةً لَكَ يَدْرِي  
وَأَبْوَةً لَكَ يَنْعَمُنَا عَلَى  
فَاعْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ  
فَإِنْ قَالَهَا حِينَ تُصْبِحُ مُوقِنًا بِهَا  
فَهَاتَ نَدَلَ الْجَنَّةِ  
وَإِنْ قَالَهَا حِينَ تُمَسِي مُوقِنًا بِهَا نَدَلَ الْجَنَّةِ  
سُنَنِ النِّسَائِي



THIKER # (27)

"O ALLAH, KNOWER OF THE UNSEEN AND THE VISIBLE,  
CREATOR OF THE HEAVENS AND THE EARTH,  
EVERYTHING IS IN YOUR HANDS.  
I TESTIFY THAT THERE IS NO GOD BUT YOU.  
I SEEK REFUGE WITH  
YOU FROM THE EVIL OF MYSELF  
AND THE EVIL OF SHAYTAN AND HIS  
(ENCOURAGEMENT TO) ASSOCIATE OTHERS  
(WITH YOU).  
" SAY IT IN THE MORNING  
AND THE EVENING AND WHEN YOU GO TO SLEEP.

GRADE : SAHIH (AL-ALBANI)

ذكر رفته (٢٧)

اللَّهُمَّ عَلِيمَ الْغَيْبِ وَالسَّهَوَاتِ، فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ،  
رَبِّ كُلِّ شَيْءٍ وَتَلِيكُهُ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ،  
أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ الشَّيْطَانِ  
وَسَائِرِكِهِ، قَلْبُهُ إِذَا أَصْبَحْتَ وَإِنَّا أَمْسَيْتَ، وَإِنَّا أَكْذَبْتَ فَصَبَّحَكَ.  
صحيح الألباني

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ  
ابراهيم: (41)

OUR LORD, FORGIVE ME AND MY PARENTS  
AND THE BELIEVERS THE  
DAY THE ACCOUNT IS ESTABLISHED."

IBRAHIM : 41

# تهنت بحمد الله

جزاكم الله خيرا الدنيا والاخرة على استخدامها ونشرها  
Jazaukm Allah khirau for useing & sharig